Happiness, Love and Understanding Activity: Encouragement



Encouragement Rosettes can be used to support children to consider and value what they have learned during lockdown with a particular focus on the positive aspects of the experience. The activity can help you decide as a class what you would like to acknowledge and celebrate in the weeks and terms to come.

Links to Curriculum for Excellence Experiences and Outcomes

- I recognise that each individual has a unique blend of abilities and needs. I contribute to making my school community one which values individuals equally and is a welcoming place for all. *HWB 1-10a/HWB 2-10a/HWB 3-10a*
- I make full use of and value the opportunities I am given to improve and manage my learning and, in turn, I can help to encourage learning and confidence in others. *HWB 1-11a/HWB 2-11a/HWB 3-11a*
- Through contributing my views, time and talents, I play a part in bringing about positive change in my school and wider community. *HWB 1-13a/HWB 2-13a/HWB 3-13a*

Learning Intentions

Rosettes

- Learners recognise their successes and achievements in and out of school.
- Learners recognise that their peers have successes and achievements too.

Duration

45 minutes

What You Need

- White card*
- Strips of coloured paper (approximately 5cm x 20cm) 7 per person
- Colouring pens
- Double-sided sticky tape
- Sticky tape
- Safety pins (one per person)

*To prepare for this activity, cut out circles (approximately the diameter of a drinking cup) from the white card, ensuring there is enough for two circles per person.



Activity

Begin by bringing the children together in a circle on the floor. Explain that this session is about celebrating our achievements. Invite the children to think about things they celebrated in class before lockdown e.g.

- Do you remember when (name) did really well at (event) and we all clapped?
- Do you remember how we celebrate when someone is really kind?

Now, ask the children to think about their experience of lockdown, answering the following questions:

- What things have you achieved?
- What things have you got better at?
- What things are you proud of?

It might help to give your own example e.g. "I learned how to bake a cake, I got better at speaking Spanish and I'm proud of doing more physical activity outdoors."

Next, hand out the rosette materials. Ask the children to decorate one of their two white circles, highlighting a personal achievement or success that they think should be celebrated. Using double-sided sticky tape, ask children to create five loops with the strips of paper and stick them to the back of the circle to form a rosette. To seal the loops at the back, the second white circle is fixed to the back, along with a safety pin to attach the rosette to a person's clothing. Attach two final coloured strips to the bottom of the rosette to form ribbons.



End the activity by asking each child to share their achievement and how they would like it to be celebrated – such as a cheer, applause or thumbs up. You can also extend the activity by asking children to share what, how and when things should be celebrated in school. Create opportunities for the children to share their ideas with other teaching staff to see which ideas the whole school can adopt.

Taking this Activity Outdoors

Once the children have finished making their rosettes, create an Olympic-style awards ceremony outside using an upturned crate or wooden box. Give each child the opportunity to stand on the podium and share the achievement on their rosette and how they would like it to be celebrated.

