

IMAGINING ABERDEEN...

Aberdeen City Council has asked Children's Parliament to work with children to imagine Aberdeen as a city where all children are healthy, happy, safe and doing their best. This is a report on phase one of the project with children from Riverbank Primary School.

Visit the project blog at: https://bit.ly/ImaginingAberdeen





Imagining Aberdeen...

Children have been learning about their **HUMAN RIGHTS**. All children should be:

HEALTHY
HAPPY
SAFE
DOING THEIR BEST

Children's **HUMAN RIGHTS** are important across children's lives:

HOME SCHOOL COMMUNITY

Children have been learning about the idea of **HUMAN DIGNITY**. This means:

- EVERY HUMAN BEING IS IMPORTANT AND SPECIAL
- WE SHOULD BE FRIENDLY AND KIND TO OTHERS
- IT IS WRONG TO HURT OTHER PEOPLE OR MAKE THEM FEEL BAD ABOUT THEMSELVES
- NO-ONE SHOULD EVER TAKE AWAY YOUR HUMAN DIGNITY
- IF WE ALL LEARN WHAT HUMAN DIGNITY MEANS, WE ARE LESS LIKELY TO ACCEPT WHEN OTHER PEOPLE HURT, DISCRIMINATE OR PUT SOMEONE DOWN.

Throughout this project we have been asking:

WHAT DOES A LIFE LIVED WITH DIGNITY MEAN TO YOU?

WHAT CHILDREN NEED



Working together children have explored what children need - from before birth, through the early years and as they grow up. The final image is of a 12 year old. This poster represents all the ideas of the children.

As you read this poster ask yourself: What can I do to help make sure children are healthy, happy, safe and doing their best?

Friends Protection A parent A bed Care and consideration Pets Books



Sleep Hugs Toys Warmth A buggy To brush their teeth Exercise

A happy mumand dad Family School and teachers Ahome where they are safe To play withfriends To know their rights

Doctors, nurses and medecine

Adults to look after them - munt dad Tickles

Clothes Nappies Lots of sleep Quietness

Pottytraining

A safe home

A clean home

Love Breast milk

> Toys Laughter

Baby Proof the house

Friends To plan Parents who love them To be safe and cared for Good health care Families need money to get what they need To know their rights

To play To be safe online

Love Phone

Family from bullying and abuse Good health

Personal hygiene PE and exercise X.pox Friends Fashion

Education from trained teachers

Exercise No hitting Friends Dad should help Doctors and nurses

No bombs no war To feel everything is alright Sleep Good food Ahome No alcohol

The mum needs what the baby needs

Activities and sports

Fun Phone

To be well treated at school To Join clubs A happy, safe home Mum and Dad Healthy diet Contact with parents Someone to talk to

Privacy Friends

To know their rights

Imagining Aberdeen...

THE IDEA OF HUMAN DIGNITY

Imagining Aberdeen...



Children have been considering what HUMAN DIGNITY means to them. Working together they have created 'dignometers' that represent the things that can happen in a child's life that build the child's sense of human dignity - and those experiences or events that can have a negative impact on a child's human dignity. The image on this poster represents all the ideas of the children.

As you read this poster ask yourself: What can I do to build each child's sense of human dignity? How can I support them when they need it?

s y when promises are broken when school work is too difficult Devres Lanned Crow Sonedon Getting a better grade in your sport Arguements Having nightmares Parents to talk to Losing people Encouraging others
Having friends
Feeling good about yourself Not seeing your parents Someone saying you are rubbish at something Feeling ill Parents splitting up Being bullied Being abused or hit when someone dies

LIFE AT SCHOOL (PART 1)

Imagining Aberdeen...



Children have been reflecting on life at school. Working together they have identified what a school should be like if it is a place where every chihld is healthy, happy, safe and doing their best. The images on this poster represent all the ideas of the children.

As you read this poster ask yourself: What can I do to make school a place and an experience in which every child is able to do their best?

A clean playground. Sports clubs.

We brush our teeth. Fruit for snack.

Learning to cook. The Healthy School Breakfast club.

Longer breaks. Running the daily mile.

Everyone does their homework. Feeling good about Ask for help. Finishing work. The Don't give up. School Help each other Mental maths where Stickers for doing well. Everyone Reading books. Does Their Being friendly. Best Concentrating Paying attention.

By working hard we make the teacher happy

Lots of Art, P.E. and Science.

Listening

Rain shetters in the playground.

Peer mediators. The
PSAs look after us. Safe
We stand upto bullying School

Adults help people who are sad.

e. P

Singing. Funteachers. Contact with other classes. More P.E. Clardening. Rainbow Time Everyone has a friend Visitors. A class charter No more bullying Playing outside Children feel safe. Нарру Fruit for everyone. School Learning that is fun and We talk different languages people Speak your language

LIFE AT SCHOOL (PART 2)





Children have considered what can get in the way of being healthy, happy, safe and doing their best at school. This poster represents what children identified and also some of the actions that would help when it comes to those issues they saw as priorities.

As you read this poster ask yourself: What can I do to positively tackle what gets in the way of children having the best experience of school? People distracting you. Too much chatting.

Someone being angry.

Calling Reople names

Feeling sad, lonely, unhappy.

Someone annoying you

What gets in the way of children being healthy, happy, safe and doing their best

at school?

Someone telling you you can't do something Fighting

People not working well in agroup. When someone is upset

Sweets and fizzydrinks for snack.

When your family doesn't have money to dothings.

Challenge 1: Distractions

How to tackle the problem

- Tell a teacher or PSA
- They should ask 'what's wrong' and tell them to stop
- Learn to ignore people and
- Use a cool response to tell them they are distracting you
- · Move the distracting person.

Challenge 2: Bullying

How to tackle the problem:

- Remember that bullying canstart and happen cutside of school
- thelp the bulky understand they are being mean. This might be difficult.
- Tell an adultor peer mediator if
- Make peer mediation training
- Speak out and stand up for others
- Include the bully, try to be their friend

Challenge 3: When you feel Sad, lonely, unhappy

How to tackle the problem:

- Talk to an adult ortell a friend
- A teacher or PSA should ask "what's wrong?"
- Don't send children away
- Help children not to shout or be angry and learn to be kind and talk.

LIFE IN THE COMMUNITY



Children have worked together to think about life in their community. They have identified what they like and what they would change. This poster shows images from our community building workshop and identifies the aspects of community life children value most and those they think need changed.

As you read this poster ask yourself: What can I do to create the community children aspire to, where every child is healthy, happy, safe and doing their best?



Imagining Aberdeen...



In our community, we like:

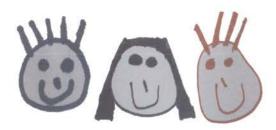
- when people are kind and you can count on them.
- Playing outside
- Places to go for helpand supportlike the community flat.
- Our school
- Football pitches, sports facilities and community centres.



In our community, we don't like:

- Being left out, bullying and racism.
- Noisy neighbours
- Dog poo and rubbish.
- Not enough to do in the parks.
- Bus service can be good and bad. Bus fares are a lot.

LIFE AT HOME



Children have been talking about the importance of family. They have considered what help families might need and how to make Aberdeen a good place for families.

As you read this poster ask yourself: What can I do to support families in communities across the city?

Families are imbortant because ..

they are always there for You they allways Isten to You.

Imagining Aberdeen... They love you and don't want to lose you

They give you life.

They keep you safe. They take you get and go on holidays.

Give you breakfast. They help you.

They play with you

They works o you can have things and be healthy.

They think about you.

They take you to school and make sure you get an education.

If you didn't have a family you would feel upset.

Families are important because:

If your child is ill you need help and medecine

Money to get by and to be able to buy things from the shops

If families can't cope they need other carers to help

What help or support do families need?

Families split up. If you lose your job you need help Children can help by doing cleaning and shapping.

FAMILIES

More flowers, trees and parks. Stop dogs pooring everywhere

More wardens

Better lights in the street.

How can we make Aberdeen a Help families if they are worried about drugs.

No more racism.

Keepit tidier, more bins, less rubbish. Better locks at home, stop stealing Stop people drinking alcohol.

ADULTS



Across life at home, at school and in the community, children have recognised the important role that adults play in their lives. This poster represents the characteristics, skills and values they hope adults will have.

As you read this poster ask yourself: How can I be the adult children need?



"I love you"

How to look after themselves and children. How much we need to play Spelling That you are safe. What Football

How to help with homework How to beep us fit and healthy How to read.

How to clean.

Put you in bed.

nicely

things should adults know?

Science.

Friendly How should adults treat children?

Respectfully. Like the best Fairly.

Quetly.

Safe. Loved Cool How

should Calm. adults make children Kind.

> Excited. AWESOME

Happy.

"Tidy your room. "Go play outside" "Good Job.

"Don't be cheeky." "Don't be moody Be safe.

Eat healthy food. What should "Help me please. adults say to Be good at school. Don't jump of a bridge

Bedtime! "Well done Don't fight with your sister!"

Being helpful

Keeping you safe.

What should adults be good at? Swimming Listening to you. Football.

Being generous.

Being happy.

Going to work. Making supper

Which adults can help or support children?

Parents. Gran and Grandpa. Doctor

Police officer Uncles and Aunties Guests in the school

Cousins. People working in the school-teachers/PSAs.

ABERDEEN

Imagining Aberdeen...

To complete this phase of the project children have considered what's best and what's not about their city. All of the children's ideas and opinions will be taken to phase 2 of the project where 20 children from the 4 participating schools will continue to imagine Aberdeen.



Good schools

Dur neighbourhood

Fun places

Rights respecting schools

Nice houses

The beach
Clubs
Being close to school
Traffic calming



Friends and family
Community centres
Football pitches and sports facilities
Police officers come to school
Shops and restaurants
Smimming pools
When the sunshines
Mureums
City wardens

not enough police patrols
Homework
Swearing
Weapons
Not enough access tordisabled
Drugs
Gardens should be tidier
When people are poor
Bad weather
Litter and rubbish



Not enough swimming lessons
Vandalism
Burglars
Dog poo
Smoking
Bullies
not enough cycle lanes
Shouting
When refugees are notallowed to come
Need more nice houses

