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IMAGINING ABERDEEN...

Aberdeen City Council has asked Children's Parliament to work with children to imagine Aberdeen as a city where all children are healthy, happy, safe and doing their best. This is a report on phase one of the project with children from Riverbank Primary School.

Visit the project blog at:
<https://bit.ly/ImaginingAberdeen>

Imagining Aberdeen...

Children have been learning about their **HUMAN RIGHTS**. All children should be:

**HEALTHY
HAPPY
SAFE
DOING THEIR BEST**

Children's **HUMAN RIGHTS** are important across children's lives:

**HOME
SCHOOL
COMMUNITY**

Children have been learning about the idea of **HUMAN DIGNITY**. This means:

- **EVERY HUMAN BEING IS IMPORTANT AND SPECIAL**
- **WE SHOULD BE FRIENDLY AND KIND TO OTHERS**
- **IT IS WRONG TO HURT OTHER PEOPLE OR MAKE THEM FEEL BAD ABOUT THEMSELVES**
- **NO-ONE SHOULD EVER TAKE AWAY YOUR HUMAN DIGNITY**
- **IF WE ALL LEARN WHAT HUMAN DIGNITY MEANS, WE ARE LESS LIKELY TO ACCEPT WHEN OTHER PEOPLE HURT, DISCRIMINATE OR PUT SOMEONE DOWN.**

Throughout this project we have been asking:

WHAT DOES A LIFE LIVED WITH DIGNITY MEAN TO YOU?

WHAT CHILDREN NEED



Working together children have explored what children need - from before birth, through the early years and as they grow up. The final image is of a 12 year old. This poster represents all the ideas of the children.

As you read this poster ask yourself:
What can I do to help make sure children are healthy, happy, safe and doing their best?

Imagining
Aberdeen...



THE IDEA OF HUMAN DIGNITY

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Children have been considering what HUMAN DIGNITY means to them. Working together they have created 'dignometers' that represent the things that can happen in a child's life that build the child's sense of human dignity - and those experiences or events that can have a negative impact on a child's human dignity. The image on this poster represents all the ideas of the children.

As you read this poster ask yourself: What can I do to build each child's sense of human dignity? How can I support them when they need it?



LIFE AT SCHOOL (PART 1)

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Aberdeen...



Children have been reflecting on life at school. Working together they have identified what a school should be like if it is a place where every child is healthy, happy, safe and doing their best. The images on this poster represent all the ideas of the children.

As you read this poster ask yourself:
What can I do to make school a place and an experience in which every child is able to do their best?

A clean playground. Sports clubs.
We brush our teeth. Fruit for snack.
Learning to cook. **The Healthy School** Move P.E.
Toys to play with. Breakfast club.
Longer breaks. Running the daily mile.

Singing. Fun teachers.
Contact with other classes. More P.E.
Gardening. Rainbow Time.
Everyone has a friend. Visitors.
A class charter. No more bullying.
Playing outside. **The Happy School** children feel safe.
Fruit for everyone.
Learning that is fun and interesting.
We talk different languages people speak your language.

Everyone has a friend.
Rain shelters in the playground.
Peer mediators. **The Safe School**
PSAs look after us.
We stand up to bullying.
Adults help people who are sad.

Everyone does their homework.
Feeling good about your work. Ask for help.
Finishing work.
Don't give up.
Help each other.
Stickers for doing well.
Being friendly.
Paying attention.
Lots of Art, P.E. and Science.
By working hard we make the teacher happy.

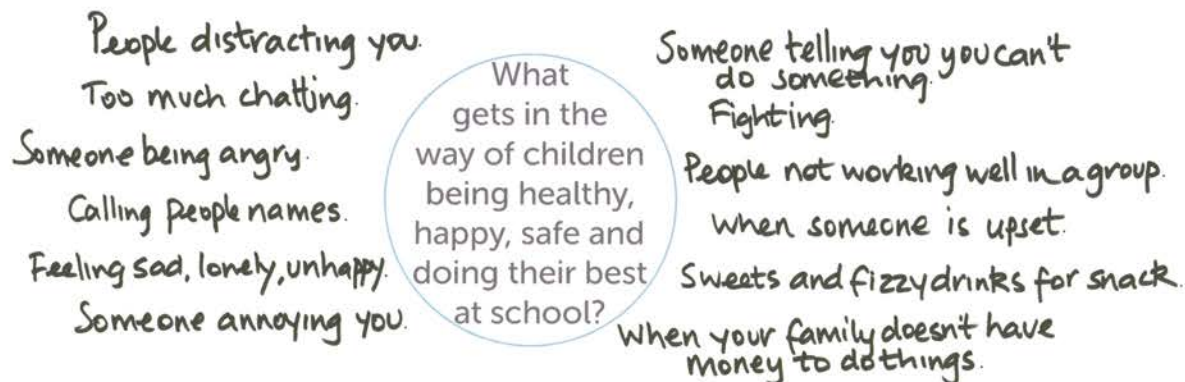
LIFE AT SCHOOL (PART 2)

Imagining
Aberdeen...



Children have considered what can get in the way of being healthy, happy, safe and doing their best at school. This poster represents what children identified and also some of the actions that would help when it comes to those issues they saw as priorities.

As you read this poster ask yourself: What can I do to positively tackle what gets in the way of children having the best experience of school?



Challenge 1: Distractions

How to tackle the problem:

- Tell a teacher or PSA.
- They should ask 'what's wrong' and tell them to stop.
- Learn to ignore people and get on!
- Use a cool response to tell them they are distracting you.
- Move the distracting person.

Challenge 2: Bullying

How to tackle the problem:

- Remember that bullying can start and happen outside of school.
- Help the bully understand they are being mean. This might be difficult.
- Tell an adult or peer mediator if you see bullying.
- Make peer mediation training better.
- Speak out and stand up for others.
- Include the bully, try to be their friend.

Challenge 3: When you feel sad, lonely, unhappy

How to tackle the problem:

- Talk to an adult or tell a friend.
- A teacher or PSA should ask 'what's wrong?'
- Don't send children away.
- Help children not to shout or be angry and learn to be kind and talk.

LIFE IN THE COMMUNITY



Children have worked together to think about life in their community. They have identified what they like and what they would change. This poster shows images from our community building workshop and identifies the aspects of community life children value most and those they think need changed.

As you read this poster ask yourself: What can I do to create the community children aspire to, where every child is healthy, happy, safe and doing their best?



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In our community, we like:

😊 When people are kind and you can count on them.

😊 Playing outside.

😊 Places to go for help and support - like the community flat.

😊 Our school.

😊 Football pitches, sports facilities and community centres.

In our community, we don't like:

😞 Being left out, bullying and racism.

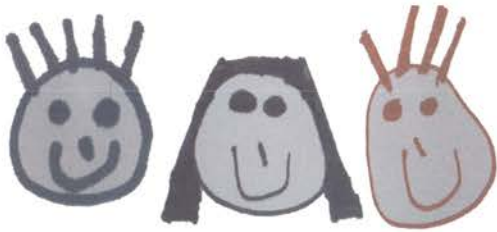
😞 Noisy neighbours.

😞 Dog poo and rubbish.

😞 Not enough to do in the parks.

😞 Bus service can be good and bad. Bus fares are a lot.

LIFE AT HOME



Children have been talking about the importance of family. They have considered what help families might need and how to make Aberdeen a good place for families.

As you read this poster ask yourself: What can I do to support families in communities across the city?

Families are important because...

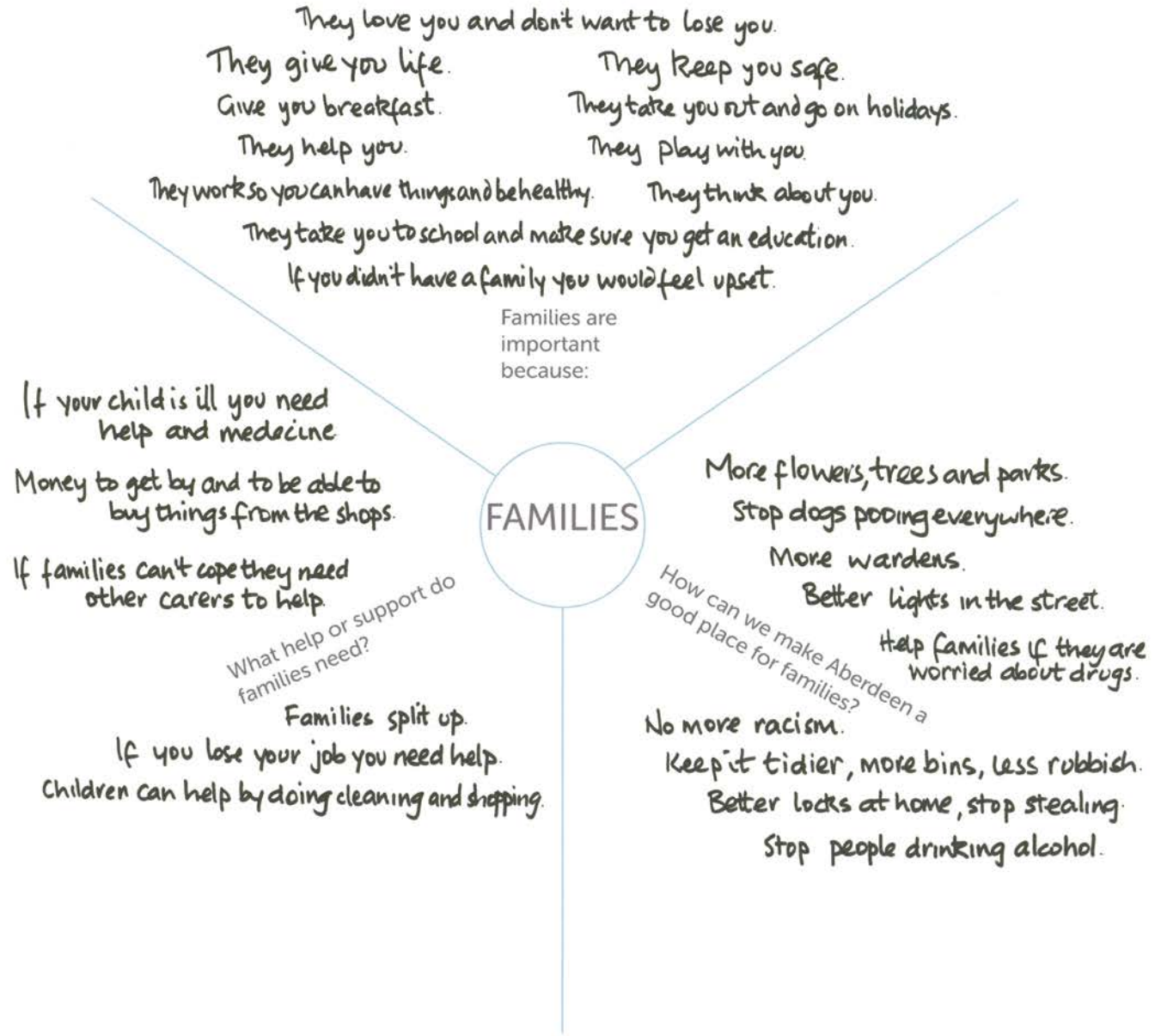
they are always there for you they always listen to you.

they keep you entertained.

You get to annoy your brother.

they keep you safe. they encourage you they look after you when times are difficult.

Imagining Aberdeen...

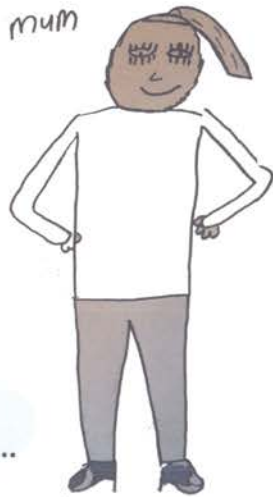


ADULTS



Across life at home, at school and in the community, children have recognised the important role that adults play in their lives. This poster represents the characteristics, skills and values they hope adults will have.

As you read this poster ask yourself: How can I be the adult children need?



Imagining Aberdeen...

How to look after themselves and children.

How much we need to play.

That you are safe.

How to help with homework.

How to keep us fit and healthy.

How to read.

How to clean.

What things should adults know?

Spelling.

Football.

Science.

"I love you."

"Tidy your room."

"Go play outside."

"Good Job."

"Don't be cheeky."

"Don't be moody."

"Be safe."

"Eat healthy food."

"Help me please."

"Be good at school."

"Don't jump off a bridge."

What should adults say to children?

"Bedtime!"

"Well done."

"Don't fight with your sister!"

Friendly.

Put you in bed.

nicely.

Respectfully.

Like the best.

Fairly.

Quietly.

How should adults treat children?

Safe.

Cool.

Calm.

Kind.

Excited.

Happy.

Loved.

How should adults make children feel?

Awesome.



Being helpful.

Keeping you safe.

Swimming.

Listening to you.

Football.

Being generous.

Going to work.

Making supper.

What should adults be good at?

Being happy.

Which adults can help or support children?

Parents.

Gran and Grandpa.

Doctor.

Police officer.

Uncles and Aunties.

Guests in the school.

Cousins.

People working in the school - teachers/PSAs.

ABERDEEN

Imagining Aberdeen...

To complete this phase of the project children have considered what's best and what's not about their city. All of the children's ideas and opinions will be taken to phase 2 of the project where 20 children from the 4 participating schools will continue to imagine Aberdeen.

