

Let us go outside when there is a storm in our head

Make everyone at our school feel loved

Make sure children have enough food. If we don't have breakfast, we can be grumpy

Listen to children and ask them what is wrong before thinking they are trouble. If a child is naughty it might be because of sadness or anger from something that is happening in their lives

Give us a hug when we are down

Talk to children when something in their life is happening. When we talk to someone we trust, it makes us feel safe

Make sure all children are noticed and celebrate them by cheering us on and saying well done

Make a fight-free playground by supporting children and helping them make friends and by having fun play equipment

Bullying gets in the way of a child feeling important and special. Don't say 'just ignore them, you'll be okay', do something

Give children different activities so they can all feel included and have fun at school

