



# IMAGINING ABERDEEN...

Aberdeen City Council has asked Children's Parliament to work with children to imagine Aberdeen as a city where all children are healthy, happy, safe and doing their best. This is a report on phase one of the project with children from Manor Park Primary School.

Visit the project blog at:  
<https://bit.ly/ImaginingAberdeen>

## Imagining Aberdeen...

Children have been learning about their **HUMAN RIGHTS**. All children should be:

**HEALTHY  
HAPPY  
SAFE  
DOING THEIR BEST**

Children's **HUMAN RIGHTS** are important across children's lives:

**HOME  
SCHOOL  
COMMUNITY**

Children have been learning about the idea of **HUMAN DIGNITY**. This means:

- **EVERY HUMAN BEING IS IMPORTANT AND SPECIAL**
- **WE SHOULD BE FRIENDLY AND KIND TO OTHERS**
- **IT IS WRONG TO HURT OTHER PEOPLE OR MAKE THEM FEEL BAD ABOUT THEMSELVES**
- **NO-ONE SHOULD EVER TAKE AWAY YOUR HUMAN DIGNITY**
- **IF WE ALL LEARN WHAT HUMAN DIGNITY MEANS, WE ARE LESS LIKELY TO ACCEPT WHEN OTHER PEOPLE HURT, DISCRIMINATE OR PUT SOMEONE DOWN.**

Throughout this project we have been asking:

**WHAT DOES A LIFE LIVED WITH DIGNITY MEAN TO YOU?**

# WHAT CHILDREN NEED



Working together children have explored what children need - from before birth, through the early years and as they grow up. The final image is of a 12 year old. This poster represents all the ideas of the children.

As you read this poster ask yourself: What can I do to help make sure children are healthy, happy, safe and doing their best?



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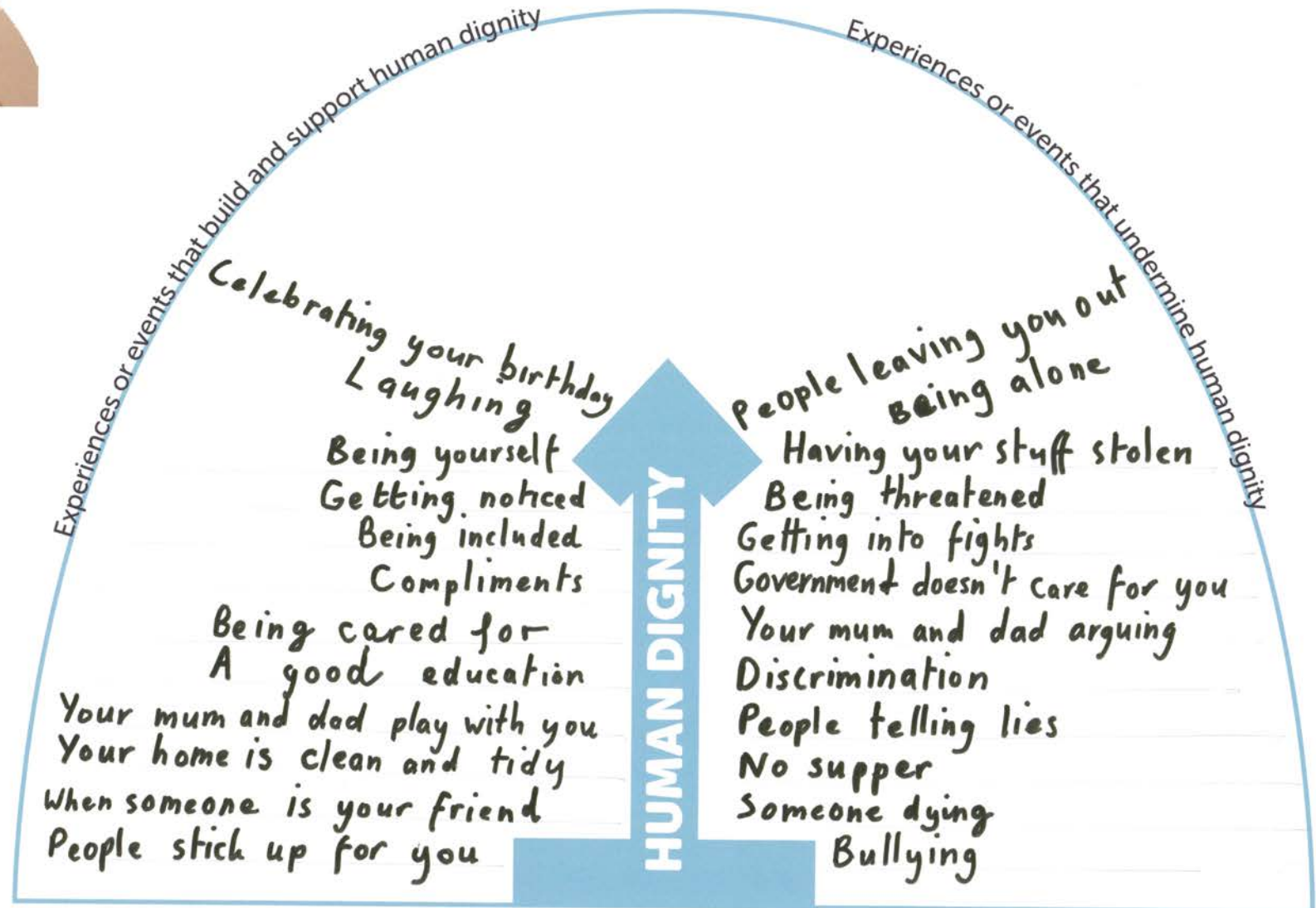
# THE IDEA OF HUMAN DIGNITY

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Children have been considering what **HUMAN DIGNITY** means to them. Working together they have created 'dignometers' that represent the things that can happen in a child's life that build the child's sense of human dignity - and those experiences or events that can have a negative impact on a child's human dignity. The image on this poster represents all the ideas of the children.

As you read this poster ask yourself: What can I do to build each child's sense of human dignity? How can I support them when they need it?





# LIFE AT SCHOOL (PART 2)

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Children have considered what can get in the way of being healthy, happy, safe and doing their best at school. This poster represents what children identified and also some of the actions that would help when it comes to those issues they saw as priorities.

As you read this poster ask yourself: What can I do to positively tackle what gets in the way of children having the best experience of school?

Classroom noise  
Being distracted  
Dyslexia  
Getting bored  
Not eating breakfast  
Not drinking water  
Too much sugar or energy juice  
Being last for lunch  
Not enough clubs  
Not enough P.E. or no kit  
P.E. time taken away for being bad  
What gets in the way of children being healthy, happy, safe and doing their best at school?  
Feeling you have to do the same as friends  
Glass in the playground  
Not enough PSAs  
Fighting  
Strangers in playground  
Not enough PSAs  
Bullying  
Being left out  
Mixed languages  
Teachers changing their mind  
Teachers picking favourites  
Anger problems

## Challenge 1: P.E. time getting taken off for bad behaviour

How to tackle the problem:

- People should start listening
- Lessons should be more fun + have games
- Headteacher should guide + everyone listen
- People who mess around alot should get finger fiddle games, lego or stressballs
- Instead of things getting taken away we should be rewarded for good behaviour
- More P.E. time to be healthy + use energy
- Run around fun field more with teacher
- Tech equipment could help us work

## Challenge 2: Bullying

How to tackle the problem:

- Tell the head teacher
- Keep bullies in so they can't get you
- People should say sorry
- Stop it by not bullying yourself

## Challenge 3: Dyslexia

How to tackle the problem:

- Help with spelling words
- Put on head phones / play music
- A quiet classroom with a strict teacher
- Pretend you are in a bubble
- Tent in story corner
- Be kind
- More help + time
- Move PSAs + teachers

# LIFE IN THE COMMUNITY



Children have worked together to think about life in their community. They have identified what they like and what they would change. This poster shows images from our community building workshop and identifies the aspects of community life children value most and those they think need changed.

As you read this poster ask yourself: What can I do to create the community children aspire to, where every child is healthy, happy, safe and doing their best?



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Aberdeen...

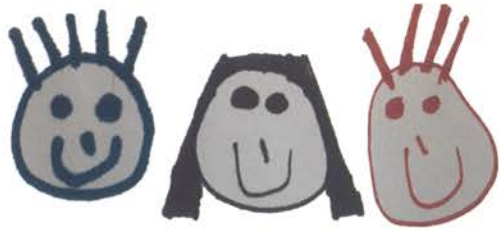
In our community, we like:

- 😊 Logie park because it has swings
- 😊 Flowers make the place look amazing
- 😊 My friends because I can play with them
- 😊 The school because you can learn a lot
- 😊 Mr Sings' shop where you can buy all you need

In our community, we don't like:

- 😞 Burned shops and abandoned houses
- 😞 Zip line in Logie Park is broken
- 😞 Dog poo everywhere
- 😞 Rubbish, broken glass + graffiti
- 😞 Angry neighbours make lots of noise

# LIFE AT HOME



They protect you  
 We play games together  
 Wake you up for school  
 Take you on holiday  
 They look after us by giving you  
 shelter, food, a warm bed & play with you  
 They keep us alive

Families are important because:

Children have been talking about the importance of family. They have considered what help families might need and how to make Aberdeen a good place for families.

As you read this poster ask yourself:  
 What can I do to support families in communities across the city?

Happiness because they need each other  
 Transport or a car  
 Council for sorting stuff out

What help or support do families need?

FAMILIES

Less pubs  
 A better back garden - no dog poo  
 More family clubs  
 Less annoying people who make too much noise

How can we make Aberdeen a good place for families?

Child support if adults want to move away  
 Lots of people in case of emergency  
 Help with loss of family  
 Help find money or food

More sunshine  
 Less Bingo so people don't lose money  
 Ban smoking  
 Less fizzy juice

Families are important because...

they are always there for you they always listen to you.

they keep you entertained.

You get to annoy your brother.

they keep you safe. they encourage you. they look after you when times are difficult.

Imagining Aberdeen...

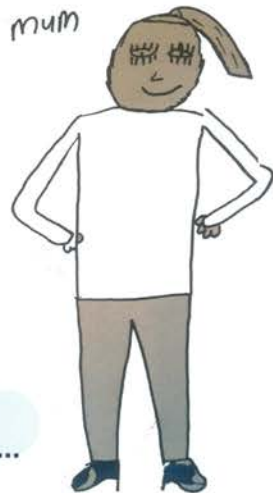


# ADULTS



Across life at home, at school and in the community, children have recognised the important role that adults play in their lives. This poster represents the characteristics, skills and values they hope adults will have.

As you read this poster ask yourself: How can I be the adult children need?



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How to babysit  
How to cook  
How to drive a car  
How to earn money  
How to work

What things should adults know?

Fairly  
Carefully and not shouting, hitting or swearing  
Give you a warning or 2nd chance  
Read books with you  
Kind + nice

How should adults treat children?

Fun  
Happy  
Safe  
Inspired  
That they have responsibility  
Protected

How should adults make children feel?



I love you  
Follow your dreams  
Full marks  
Here's some pocket money  
Good work  
You are funny  
Go outside for fresh air  
If you are good, you will get a treat

What should adults say to children?

Keeping the house tidy  
Taking care of children  
Teaching  
Cooking + baking  
Playing basketball  
Driving safe  
Looking after people

What should adults be good at?

Parents  
Babysitters  
Grandparent, aunts + uncles  
Coaches  
Teachers + PSAs  
Police, firemen, dentist + hospital staff

Which adults can help or support children?

# ABERDEEN

## Imagining Aberdeen...

To complete this phase of the project children have considered what's best and what's not about their city. All of the children's ideas and opinions will be taken to phase 2 of the project where 20 children from the 4 participating schools will continue to imagine Aberdeen.

