## How are you doing?



## The results (so far....) of the Children's Parliament national wellbeing survey for children

Thank you for doing our survey. This is a summary report of our findings for children.

We have, so far, done the survey in April and May. So, now we can share some important things we have found.

An amazing number of children took part in our survey in April and May:

**3,968** children took part in the April survey. **3,698** children took part in May survey.

All our lives have changed in the past few months because of Coronavirus. Our survey finds out how children are doing when it comes to things like life at home, learning and health. The survey also asks children what they worry about and what helps them to feel good at the moment. We want to know these things so that we can help adults understand what they should be doing to support children now, and then what they need to do as our lives begin slowly to get back to normal.



Most children are doing well

The most important support that children have is from parents, carers, sisters and brothers and friends.

Learning at home is getting tougher

As time goes by more children say they are struggling with learning at home and doing schoolwork. In the May survey children say they are less likely to feel creative or try their hardest or be proud of what they do.

Children say that they feel less energetic

They are doing less exercise and they feel less cheerful. Children are becoming more bored and more lonely. Being indoors more and learning at home impacts on the physical and mental health of children.

Children say they are more worried in May than they were the month before in April. More than half of children doing the survey say they are worried about the future, their family or their friends. It is a worry for many children that someone in their family might get ill. Nearly 1 in 3 children are worried that their family don't have enough money. Most children have someone to talk to about their worries, but not everyone does.

In Scotland, there are plans to make the United Nations Convention on the Rights of the Child into the law.

But in our survey, there are some children that say they feel their rights are not being respected. At Children's Parliament we will keep an eye on this because we want our country to be a place where 100% of children are loved and respected and listened to.

More to do! At Children's Parliament, we want to keep an eye on how things are going for you. Please take part in our **JUNE** survey and tell your friends! **bit.ly/Coronavirus\_Kids**