

# A diversity recipe

First, wash your hands

Ingredients:

- Take a sprinkle of **imagination**
- Add a cup of **kindness**
- And a big dollop of **love**
- Add a smidgen of **good humour**
- And a spoonful of **hugs**
- With a dash of **politeness**
- Add a pinch of **trust**
- A big handful of **empathy**
- The juice of the rare Scottish Highlands **human rights** berry

Instructions:

- Stir carefully until all the ingredients are happy together
- Make a wish
- Pop in to cup cake moulds and bake at a temperature that suits your mood
- Serve generously

With love and big dreams  
from everyone at

*Children's Parliament*

