



IMAGINING ABERDEEN...

Aberdeen City Council has asked Children's Parliament to work with children to imagine Aberdeen as a city where all children are healthy, happy, safe and doing their best. This is a report on phase one of the project with children from Bramble Brae Primary School.

Visit the project blog at: https://bit.ly/ImaginingAberdeen





Imagining Aberdeen...

Children have been learning about their **HUMAN RIGHTS**. All children should be:

HEALTHY
HAPPY
SAFE
DOING THEIR BEST

Children's **HUMAN RIGHTS** are important across children's lives:

HOME SCHOOL COMMUNITY

Children have been learning about the idea of **HUMAN DIGNITY**. This means:

- EVERY HUMAN BEING IS IMPORTANT AND SPECIAL
- WE SHOULD BE FRIENDLY AND KIND TO OTHERS
- IT IS WRONG TO HURT OTHER PEOPLE OR MAKE THEM FEEL BAD ABOUT THEMSELVES
- NO-ONE SHOULD EVER TAKE AWAY YOUR HUMAN DIGNITY
- IF WE ALL LEARN WHAT HUMAN DIGNITY MEANS, WE ARE LESS LIKELY TO ACCEPT WHEN OTHER PEOPLE HURT, DISCRIMINATE OR PUT SOMEONE DOWN.

Throughout this project we have been asking:

WHAT DOES A LIFE LIVED WITH DIGNITY MEAN TO YOU?

WHAT CHILDREN NEED



Working together children have explored what children need - from before birth, through the early years and as they grow up. The final image is of a 12 year old. This poster represents all the ideas of the children.

As you read this poster ask yourself: What can I do to help make sure children are healthy, happy, safe and doing their best? Fun Siblings People to play with Clean nappies

Parents Toys

Buggy Play

Play group Parents

Hazard-free home

Good environment

Football

TV

Pets

Home

High chair Bab Milk

Smoke-free Altention

Sleep

To be cleaned Calmness

Nappies + Clothes Pram

Exercise

Their family to Their family to Fresh air
Healthy food
Water
To be loved
To play
Vitamins

Fruit Protection

Friends

Clean + warm home
Stress-free
Protection

To be taken care of Clothes Parents moke-free Home

Sleep

Swimming
Fun ac
Love +

Fun activities + clubs Love + warmth Lollipop lady

Imagining Aberdeen... Police

someone to talk to

THE IDEA OF HUMAN DIGNITY

Imagining Aberdeen...



Children have been considering what HUMAN DIGNITY means to them. Working together they have created 'dignometers' that represent the things that can happen in a child's life that build the child's sense of human dignity - and those experiences or events that can have a negative impact on a child's human dignity. The image on this poster represents all the ideas of the children.

As you read this poster ask yourself: What can I do to build each child's sense of human dignity? How can I support them when they need it?

Peor Peor People bossing you around Being insulted Howing friends People stealing stuff from you Being shouted at Gelling hugs + compliments Someone hurting you or your feelings Laughing with friends Learning at school Your mum + dad arguing Feeling lonely + being left out Being shouted at Your teacher respecting you Being yourself and independent Friends and family playing Getting no dinner Bullying

LIFE AT SCHOOL (PART 1)

Welcome to

Children have been reflecting on life at school. Working together they have identified what a school should be like if it is a place where every chihld is healthy, happy, safe and doing their best. The images on this poster represent all the ideas of the children.

As you read this poster ask yourself: What can I do to make school a place and an experience in which every child is able to do their best?

Everyone uses their **Imagining** Playing time in brain + works hard your classroom Aberdeen... Dinnerhall ladies give us healthy options More break time Playing to run + play A library together with great Fruit at Nice teachers Breakfast club, Everyone School dinners Sports day carning Smiling + for snacks history, math The The biology Healthy Art, science Polite people After-school Happy maths + reading School School -Art + crafts lessons outside Colourful Posters Peaceful spaces about keeping like a den Working with cushions healthy Football Water School + kil fountains trips More Good equipment Bikes to P.E. · Everyone in class play with friends 15 kind t Working More P.E. helpful PSAs to with a More Uniform Calm partner help children languages The School Maths The School halls Teachers Everyone where Safe Rules let us Friends helping is believed Everyone do our School own **Does Their** We get the People ideas Best help we need Look after Teachers each other We give you Teacher goes get the in structions over stuff. Golden help we Teachers time Children helps us need Learn don't Group independe tremember Teachers are playing Shout decisions always around and having Teachon make Time fun. learning clear -outs

LIFE AT SCHOOL (PART 2)





Children have considered what can get in the way of being healthy, happy, safe and doing their best at school. This poster represents what children identified and also some of the actions that would help when it comes to those issues they saw as priorities.

As you read this poster ask yourself: What can I do to positively tackle what gets in the way of children having the best experience of school?

Noise Teachers have no money for equipment Not being listened to Not enough P.E. Bad spelling Fizzy juice + energy drinks People distracting you What People leaving someone out gets in the Being shouted at way of children Fighting being healthy, Teacher off sich happy, safe and Work that is too difficult Can't go outside to play as it is raining doing their best Bullying at school? Not getting good grades Not enough PSAs Not having confidence No praise People wasting time + annoying you Finding it hard to follow instructions or hear them People telling you that you aren't clever Not enough clubs

Challenge 1: People annoying you

How to tackle the problem:

- ·Tell the fruth
- · Talk to people
- *To say stop when you are being annoyed.

Challenge 2: Not enough clubs

How to tackle the problem:

- · We could ask the teacher for clubs
- · Ask children their ideas
- · Get more people involved
- · Maths/civil clubs
- · Try not to cancel clubs
- · Ask family if they would like to volunteer to run an afterschool club

Challenge 3: Bullying

How to tackle the problem:

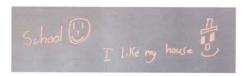
- · Be nice to people
- · Stay out of people's business
- · Walk away
- · Tell a teacher or PSA
- · Take time to calm down instead of fighting more
- · Encourage a friendship
- · Play with someone who is bullied and alone. Help them.
- · We need to understand why some is bullied

LIFE IN THE COMMUNITY



Children have worked together to think about life in their community. They have identified what they like and what they would change. This poster shows images from our community building workshop and identifies the aspects of community life children value most and those they think need changed.

As you read this poster ask yourself: What can I do to create the community children aspire to, where every child is healthy, happy, safe and doing their best?



Imagining Aberdeen...



In our community, we like:

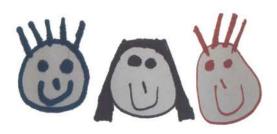
- It is easy to make friends as everyone is generous.
- Library is cool, we go with school.
- O Pink Centre as it has lots of activities.
- O Lots of places to play.
- Swimming pool



In our community, we don't like:

- Granitchill Road is hard to cross.
- Motorbikes as they destroy the parks + are loud.
- Littering and broken glass
- Dog poo in the parks + green spaces
- S moking

LIFE AT HOME



Children have been talking about the importance of family. They have considered what help families might need and how to make Aberdeen a good place for families.

As you read this poster ask yourself: What can I do to support families in communities across the city?

Families are imbortant because ..

they are always there for You. They allways isten to You.

they keep you entertranted.

You get ther.

You when times

Imagining Aberdeen... They are on your side

play with you

Give you shelter

Take you out

Keep you calm

Take care of you

Help you with homework

They feed me/give you food

They keep me safe

Families are

Families are important because:

Adults need jobs Families need to be active

What help or support do families need?

Support with diseases
Guidance
Having alone time
A clean home

FAMILIES

More play equipment in parks
Use more spaces for parks
and fun.

Make roads bumpy to slow down

How drivers.

9000 place make More police to help out in

Small situations.

Ban certain noises after a certain time. Less junk food Less other people in the house

More money

ADULTS



Across life at home, at school and in the community, children have recognised the important role that adults play in their lives. This poster represents the characteristics, skills and values they hope adults will have.

As you read this poster ask yourself: How can I be the adult children need?

How to help you keep fit How to keep you safe online How to cook + clean How to comfort you

What things should adults know?

Nicely How With respect should Always help them adults treat children? Making Sure they are always there

Listening Looking out for you Cooking What Cleaning should Staying calm adults be Looking after themselves and their Children good at?

Keep on going

Be strong!

Inspiring words

Go to your room

Motivating

Which adults can help or support children?

What

should

adults say to

children?

Annties + uncles Brothes, step brothers Sisters, Step sisters Grandparents

Mum and Dad



If you are bored they give you things, to do How Loved should Happy adults make children feel? Cared for

ABERDEEN

Imagining Aberdeen...

To complete this phase of the project children have considered what's best and what's not about their city. All of the children's ideas and opinions will be taken to phase 2 of the project where 20 children from the 4 participating schools will continue to imagine Aberdeen.



Duthie Park Different festivals Golf courses Cadonas Sports Village (...) Clothes shops Lats of Football pitches Ice skating Lots of places to play Beach Children's Hospital Good schools Busy roads Motorbikes No lollipop ladies Rubbish on the ground Dog poo Dogs scare us Drunk people in parks Broken glass People swearing Wasted food People driving over the speed limit Adults who Robbers Poor people on the street with no home Children being sold energy drinks