

Putting Children and Young People at the Heart of Planning

What do children and young people need and what gets in the way? The views of adults.

What do young people need to be healthy, happy and safe at HOME?

- Fun
- Stability and routines
- Nurturing parents
- Cuddles, affection and love
- Role models
- Protection from harm
- To play at home and outside
- To be listened to and respected
- Encouragement
- Someone to go to
- Choices
- Kindness
- Nutrition, warmth, cleanliness
- Boundaries, space and freedom
- Attention
- Sleep
- Healthcare needs known and met
- Privacy and personal space
- Online access

What do young people need to be healthy, happy and safe at SCHOOL/COLLEGE?

- To feel special/part of the school
- Friends
- To have their needs identified and met
- A person to trust and talk to
- To be listened to and involved
- Befrienders and mentors
- Adventures
- To be safe
- Great teachers
- To have aspirations nurtured
- Good toilets
- To play in and out of the classroom
- Healthy breakfast and lunch
- Home visits
- Kindness
- Technology
- Enriching broad curriculum
- Praise
- To learn about relationships and diversity
- Creative approaches to learning

What do young people need to be healthy, happy and safe in the COMMUNITY?

- Adults that care
- A trusted adult
- Clean streets
- Green spaces/natural spaces
- Play spaces
- To walk to school
- Protection and freedom
- To be able to hang out
- To be safe out and about
- Libraries
- To feel proud of where you live
- To know what's on and available
- A sense of community
- Connections to the city
- Local health and other good services
- Accessible and affordable transport
- Safe cycling
- Suitable housing
- To take risks

What gets in the way at HOME?

- Chaos, instability and neglect
- Poverty
- Lack of aspiration
- Not feeling loved, being criticised
- Poor diet
- Insecure and poor housing
- Busy parents
- Violence
- Drugs or alcohol
- Lack of support to leave home
- Not enough sleep
- Smoking
- Parents not being supported if they aren't coping or are unwell
- Being worried about your parents
- Being cold or hungry
- Isolation – for the child or family
- Access to inappropriate media/pornography
- Too high or unrealistic expectations or pressure

What gets in the way at SCHOOL/COLLEGE?

- Boredom and low expectations
- A poor start in life
- Poor diet
- Bullying
- Parents unable to or not valuing learning
- Lack of choices
- Overcrowding
- Lack of confidence or skills as a learner
- Lack of resources or funding, especially for ASL
- Feeling worried or frightened to go
- Being hungry
- Being punished
- Too much focus on the academic
- Schools not knowing or wanting to know about life at home
- Lack of focus on the individual child
- Poor attendance
- Judgemental staff
- Not challenging enough
- Exams and pressure
- Poverty
- Difficult to get to College
- Too much responsibility at home and not enough recognition or support

What gets in the way in the COMMUNITY?

- Bullying
- Gangs
- Racism/hate crime
- Dangerous dogs and poo
- Pollution
- Not enough to do/not knowing what's available
- Traffic
- Unstable or poor housing
- Adults not knowing or supporting children's rights
- Nowhere good to play
- Alcohol/drunk people
- Being isolated
- Bad, noisy neighbours
- Worried parents
- If local facilities don't feel safe
- Lack of community cohesion or community spirit