

What do children and young people need and what gets in the way? The views of adults.

What do young people need to be healthy, happy and safe at HOME?

- Fun
- Stability and routines
- Nurturing parents
- Cuddles, affection and love
- Role models
- Protection from harm
- To play at home and outside
- To be listened to and respected
- Encouragement
- Someone to go to
- Choices
- Kindness
- Nutrition, warmth, cleanliness
- Boundaries, space and freedom
- Attention
- Sleep
- Healthcare needs known and met
- Privacy and personal space
- Online access

What do young people need to be healthy, happy and safe at SCHOOL/COLLEGE?

- To feel special/part of the school
- Friends
- To have their needs identified and met
- A person to trust and talk to
- To be listened to and involved
- Befrienders and mentors
- Adventures
- To be safe
- Great teachers
- To have aspirations nurtured
- Good toilets
- To play in and out of the classroom
- Healthy breakfast and lunch
- Home visits
- Kindness
- Technology
- Enriching broad curriculum
- Praise
- To learn about relationships and diversity
- Creative approaches to learning

What do young people need to be healthy, happy and safe in the COMMUNITY?

- Adults that care
- A trusted adult
- Clean streets
- Green spaces/natural spaces
- Play spaces
- To walk to school
- Protection and freedom
- To be able to hang out
- To be safe out and about
- Libraries
- To feel proud of where you live
- To know what's on and available
- A sense of community
- Connections to the city
- Local health and other good services
- Accessible and affordable transport
- Safe cycling
- Suitable housing
- To take risks

What gets in the way at HOME?

- Chaos, instability and neglect
- Poverty
- Lack of aspiration
- Not feeling loved, being criticised
- Poor diet
- Insecure and poor housing
- Busy parents
- Violence
- Drugs or alcohol
- Lack of support to leave home
- Not enough sleep
- Smoking
- Parents not being supported if they aren't coping or are unwell
- Being worried about your parents
- Being cold or hungry
- Isolation – for the child or family
- Access to inappropriate media/pornography
- Too high or unrealistic expectations or pressure

What gets in the way at SCHOOL/COLLEGE?

- Boredom and low expectations
- A poor start in life
- Poor diet
- Bullying
- Parents unable to or not valuing learning
- Lack of choices
- Overcrowding
- Lack of confidence or skills as a learner
- Lack of resources or funding, especially for ASL
- Feeling worried or frightened to go
- Being hungry
- Being punished
- Too much focus on the academic
- Schools not knowing or wanting to know about life at home
- Lack of focus on the individual child
- Poor attendance
- Judgemental staff
- Not challenging enough
- Exams and pressure
- Poverty
- Difficult to get to College
- Too much responsibility at home and not enough recognition or support

What gets in the way in the COMMUNITY?

- Bullying
- Gangs
- Racism/hate crime
- Dangerous dogs and poo
- Pollution
- Not enough to do/not knowing what's available
- Traffic
- Unstable or poor housing
- Adults not knowing or supporting children's rights
- Nowhere good to play
- Alcohol/drunken people
- Being isolated
- Bad, noisy neighbours
- Worried parents
- If local facilities don't feel safe
- Lack of community cohesion or community spirit